

SPRINGHILL SWIMMING

- Experienced coach (with Life Saving Certification by LSSM and ARM)
- Regular pool maintenance
 Quiet and safe environment



- It is an important life skill
- Build strength and stamina
- Release stress and tension
 - Reduce joint/back pain

OPERATION HOURS:

Weekdays: 4pm to 7pm

Saturday: 10.30am to 7pm

Sunday :8am to7pm

MEMBERSHIP

— (casual swimming)

6 months for **RM600**

12 months for **RM1,000**

4 LESSONS / MONTH

(with coach)

5 to 12 years old **RM120**

13 years old and above

RM140

- Affiliate member of Persatuan Akuatik Negeri Sembilan (PANS).
 - Learn competitive swimming and become a
- school/state representative in national competitions.

CONTACT US NOW:





LOCATION MAP

UCSI International School & Sekolah Sri UCSI Springhill

No. 1, Persiaran UCSI, Bandar Springhill, 71010 Port Dickson, Negeri Sembilan, Malaysia



CERTIFICAT WARDE

FOR COMPLETION OF EACH LEVEL OF SWIMMING