



The Eagles: Issue 93 30/7/2026

Little Chefs 2026: A Morning of Creativity, Cooking and Fun!

*On 9 May 2026, Sekolah Sri UCSI Springhill, hosted **Little Chefs 2026**, an exciting and engaging programme designed to introduce children to the joy of cooking and creative hands-on activities. Held from 8.30 a.m. to 12.00 p.m., the programme provided a cheerful and safe environment for children to learn through play while developing valuable skills.*

*Participants took part in a variety of fun activities, including **Oreo Decoration, Wrap Making, and Gratitude Card Making**. Through these activities, the children were encouraged to express their creativity, follow instructions, and work independently while interacting with others.*

The programme also provided opportunities for children to build their confidence, communication skills, and social abilities in an enjoyable setting. With plenty of enthusiasm and smiles throughout the morning, Little Chefs 2026 created wonderful memories for all participants. It was truly a meaningful and fun-filled experience that combined learning, creativity, and play.













Tadika Sri UCSI

Arts & Crafts Enrichment: Penguin Paper Roll Craft

Our Enrichment students from Nursery to Prep had an exciting and creative Arts & Crafts session with Teacher Kisha! 🎨✏️

In this fun-filled activity, the children transformed ordinary paper tissue rolls into adorable penguins. First, they coloured the tissue rolls black to create the penguin's body. ❤️ Then, they carefully stuck on the eyes 👁️, white tummy ♡, orange beak 🍊, little legs 🐾, and flapping wings to complete their penguin creations. 🐧🌟

The children were super excited to see their penguins come to life step by step. They enjoyed colouring, pasting, and assembling each part with great enthusiasm and focus. Their smiles and proud expressions made the session even more special! 😊🎉

Under the guidance of Teacher Kisha, the children explored their artistic talents and created unique penguins full of personality and charm. 💙❄️

It was a joyful session filled with creativity, laughter, and lots of penguin fun! 🐧👧

Well done to all our little artists for their wonderful work! 🍌🎨🌟



1 - This engaging hands-on activity helped the children to:

- ✿ Strengthen fine motor skills*
- ✿ Enhance creativity and imagination*
- ✿ Improve concentration and attention to detail*
- ✿ Build confidence and independence*
- ✿ Follow step-by-step instructions*







Sekolah Sri UCSI Primary

Finding Balance Through Yoga

As part of our CCA Sports, Fitness, and Dance programme, students recently participated in an engaging Yoga Session designed to promote physical fitness, mental well-being, and relaxation. The session introduced students to various yoga poses, breathing techniques, and stretching exercises that helped improve flexibility, balance, and body coordination. Yoga is more than just exercise; it is a practice that connects the body and mind. Regular yoga practice can improve strength, flexibility, posture, and balance while helping to reduce stress and enhance concentration. Research also shows that yoga supports better sleep, relaxation, and overall well-being. Student participation and learning throughout the session, students actively participated in warm-up stretches, basic yoga poses, and mindfulness activities. They learned the importance of proper breathing techniques and maintaining focus while performing each movement. The calming environment encouraged students to relax, recharge, and appreciate the value of a healthy lifestyle. The activity was enjoyed by students from different CCA groups, providing an opportunity to develop self-discipline, confidence, and teamwork. Many students

expressed that they felt refreshed, energized, and more focused after the session. Looking ahead The Sports, Fitness, and Dance CCA looks forward to organizing more wellness activities that promote both physical and mental health. Through programmes such as yoga, we aim to encourage students to stay active, manage stress effectively, and develop lifelong healthy habits. **"A healthy body and a calm mind are the foundations of success."**



Sekolah Sri UCSI Secondary

A Day of Learning at UCSI University KL Campus

On 18 May 2026, 27 students and teachers had the opportunity to visit UCSI University KL Campus for an exciting and educational programme.

The day began with students joining different workshops based on their interests. The Applied Science group explored a Crime Scene Investigation STEM workshop, while the ICAD group learned about the world of illustration and design. Students in the Architecture workshop discovered how AI can be used in architectural design, and the Business group took part in activities focused on designing, branding, and selling products.

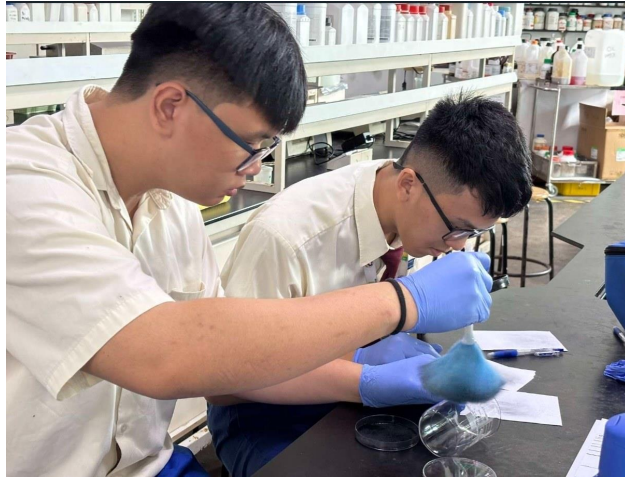
Besides gaining hands-on experience, students also attended career-sharing sessions that introduced them to various study and career opportunities. These sessions helped students understand how their interests today can shape their future pathways.

One of the highlights of the visit was the campus tour. Students had the chance to explore several facilities, including the Architecture Gallery, basketball court, and the Advanced Robotic and Cyber Physical Lab. The tour provided a glimpse into university life and the learning environment at UCSI.

After a productive morning, everyone enjoyed lunch together before gathering for the journey back to school.

The visit was both fun and informative, giving students new experiences, valuable knowledge, and inspiration for their future educational journey.







Safe • Fun • Skilful

Why swimming with us is different

- Elite Coaching – Certified in Life Saving (LSSM & ARM) for safety and performance.
- Olympic-sized Pool – Train in world-class facilities.
- Progressive Pathway – From beginner to competitive, with certification at every stage.
- All Ages – Small classes and personalised coaching for every level.

Learn to Swim with Us

- Essential life skill
- Build strength and stamina
- Relieve stress
- Reduce joint and back pain

Operational Hours

- Tuesday–Friday: 4pm – 7pm
- Saturday and Sunday:
8am – 12pm
4pm – 7pm

Registration Fee: RM100
(Includes Starter Kit)

Membership (Casual Swimming):

6 months: **RM600** | 12 months: **RM1,000**

Swimming Lessons

(4 lessons per month, with coach)

Private Lesson : **RM140 (2–4 Pax) (30 minutes)**

Below 18 : **RM140 (1 hour)**

Coach: Affiliate member of Persatuan Akuatik Negeri Sembilan

Adult Classes

Ages 18 and above

Fee: **RM160 per month (1 hour)**

Competitive Swimming Classes

Below 18

Fee: **RM210 per month (1.5-hour class)**

Customisable session

Minimum entry Level 8 (or coach approval)



Certificate Awarded

For completion of each swimming level

- Certificate in Life Saving (LSSM) – Life Saving Society Malaysia
- International Life Saving (ILS) Certificate
- Swimming & Lifeguard Coach

Contact Us

- +60 12-668 0699 (Coach Jack)
- +60 17-210 6027 (Coach Hasrul)
- +60 18-977 9880 (Marketing Team)



UCSI International School & Sekolah Sri UCSI Springhill, No.1, Persiaran UCSI,
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UCSI Springhill Swim Academy



Springhill (Seremban/PD)



Where young minds grow holistically

Programmes offered



Full-day



Half-day

Extended care (until 6pm)

Trilingual: English Mandarin Bahasa Malaysia

Programme packages

Half day (core)

8am-12.30pm

Core academic and developmental learning.

Full day (enrichment)

8am-4pm

Enriching minds through arts, music and creative play.

Extended (CarePlus)

8am-6pm

Supervised care with calming end-of-day activities.

Exclusive limited-time promotion! **From RM592/month only**



Tadika Sri UCSI Springhill

*T&C applies.

Age-specific programmes

Designed for growth, confidence and school readiness

Our age-appropriate programmes gradually build independence, confidence and important foundational skills to ensure a smooth transition to primary school.

Age groups:

- Nursery (3–4 years)
- Kinder (5 years)
- Prep (6 years)



Nursery (3–4 years)



Highlights

-  Project-based learning
-  Reggio Emilia-inspired environments
-  Regular sensory play
-  Rotational station exploration

Kinder (5 years)



Highlights

-  Gross motor activities
-  STEM lab (integrated learning of maths and science)
-  Music and movement
-  Rotational station exploration

Prep (6 years)



Highlights

-  MoneySmart (financial literacy)
-  Brave speakers (public speaking and confidence building)
-  Music and movement
-  Rotational station exploration



The Reggio Emilia approach

Enrichment programmes such as **swimming, coding & robotics, financial literacy, STEAM** and more!

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