

# The Eagles

The latest school news, lesson overviews and announcements

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- Miss Angeline

For the first time ever in SSU Springhill - COOPER TEST

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# Form 5 Batch 2022/2023 - GRADUATED!

It's time to celebrate!

It was a special day for the SPM class of 2022 of Sekolah Sri UCSI Springhill. They had successfully crossed the finish line of their educational journey. We feel immense pride in seeing them grow and reach their goals. Achievements don't come easy, and these ambitious, hardworking students have proven it! It's time for them to take the next big step in their lives.

Congratulations to all our students who graduated this year and making us proud.

It's time for them to conquer the world now and we believe all the years they had in Sekolah Sri UCSI Springhill had prepared them for this time.

We wish all the graduates our heartfelt congratulations and best wishes as they embark on their new journeys!

















# Upcoming News Events

# HIPPO Olympiad Competition 15th April

Students from all over Negeri Sembilan gathered together at SRI UCSI Springhill to participate in a challenging English test that could allow them to go to Italy for the final round.

This event taught us to remember about the importance of taking care of our beloved mother nature. Students will participate in various activities that will give them awareness about our mother nature.

# International Mother Earth Day 19th April

# Challenges For A Meaningful Learning



I am thrilled to be writing to you as the new academic coordinator for our school. As we start this new academic year, I would like to share with you my vision for the school and the hope that it brings.

I believe that each and every one of you has the potential to achieve great things, both academically and personally.

This new academic year brings with it a fresh start and new opportunities. I know that the past year has been challenging for all of us, but I truly believe that we can use those challenges as a stepping stone toward a better future. Let's approach this year with positivity and determination.

As you embark on your academic journey, I do hope you could challenge yourself, both academic and personal. Whether it's improving your grades, getting involved in extracurricular activities, or simply trying something new, make the most of the opportunities that come your way.

Remember, you are not alone in this journey. Our academic teams and staffs are here to support you, and we are committed to providing you with the best education and resources possible.

Let us all work together to make this year a success and I am excited to see what we can achieve together.

Challenges are what make life interesting. Overcoming them is what makes life meaningful. – Joshua J. Marine

**Angeline** 



#### **Cooper Test**

Cooper Test is a simple running test of aerobic fitness. In this test, students were required to complete few sets of fitness activities such as running, push up and squats which they had to complete in 12 minutes.

This test is very important to determine cardiovascular fitness and track fitness over time. This test will also be done at the beginning of every term to check students' improvement and progress. We want the students to be alert of their cardiovascular endurance as it is one of the important aspects to ensure a healthy living.

To all students, let's get out of the comfort zone and into the fitness zone!

# Parent - Teacher Conference

A healthy discussion took place with wonderful ideas, opinions, theories, and future suggestions for the betterment of our students. These PTC days occured before tests and progress tests so that any questions and inquiries could be addressed before the children went on assessments.

This permitted teachers to adjust to the children's needs better. We genuinely try to stay connected with parents to guarantee the most ideal result for the students.



#### **World Health Day Celebration**



The celebration of World Health Day went on very well last two weeks here at Sekolah Sri UCSI Springhill. Various of health-related activities were conducted to give awareness to students about the importance of taking care of our health.

Students had a chance to learn few new things about their diet, checking their eyes health, oral health and overall physical check.

It was really a fruitful day for everyone and it was best believed that everyone returned home with a determination to start living a healthy life now.

#### Ramadan Program -Cooking Bubur Lambuk

Bubur lambuk is synonym for every Muslim in Malaysia especially during Ramadan. Following the traditional way of cooking it, everyone joined hands together last week in preparing the porridge.

Students truly enjoyed the experience of cooking 'bubur lambuk'. We also would like to impart the sense of togetherness and care for one another despite being in a different religion.

We hoped everyone enjoyed the porridge what we made with love!



#### **Early Years Learning Activities**



#### Mempelajari Suku Kata

Setiap murid perlu mempelajari suku kata selepas menguasai abjad A hingga Z. Pembelajaran pada hari tersebut yang bertajuk suka kata tertutup dengan "h" di belakang.

Pelajar membaca, mencantum suku kata dan menyebut perkataan yang terhasil daripada cantuman suku kata. Akhirnya para pelajar diuji dengan memilih gambar berdasarkan perkataan yang ditunjuk.

Di akhir pembelajaran, murid - murid boleh membaca dan menyebut suku kata dengan bunyi yang betul di depan guru dan rakan mereka.

## **Sensory Arts - Making Face**

Creative art helps children grow in physical, social, cognitive, sensory and emotional development. Children also practice imagination and experimentation as they invent new ways to create art.

During this lesson, they were guided by teacher to make their face, focusing on the thematic plan. They had been taught on recognising their face parts, using the sensory method..

Over time lessons acquired from sensory processing help the brain to register, organise and respond to sensory inputs in a consistent and meaningful ways which was useful for their clay activity.



#### **Primary Learning Activities**

Board Games Club of Sekolah Sri UCSI aims to promote board games as a recreational activity that boosts strategic thinking skills and social interaction. Students learned how to play chess in the CCA lesson last week. Teachers explained about the rules of chess and let the students explored the chess board. The students also learned on how to set up the chess board and had their first match.

Students also had fun exercising and dancing in their Zumba class during CCA. With Zumba they get to learn Latininspired dance and at the same time maintained a good cardiovascular respiratory system.

# CCA - Board Game & Zumba



# Science Experiment - Making a Bottle Mill

Students' innovative and creative skills was tested in the Science class. It makes them to think outside the box and it also creates a fun learning environment. Our Standard 6 students created **bottle mills** that would swirl in the presence of wind.

Students created their models and brought them out in an open air to test their work. They managed to create a fully functional bottle mill and were amazed with this discovery. It is believed that students could explore and venture more into their scientific skills by doing more activities like this in class.



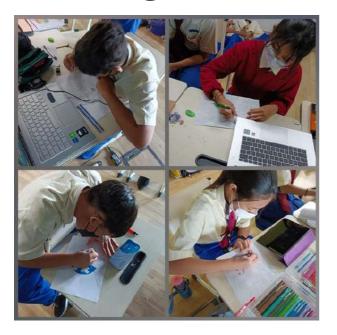






#### **Secondary Learning Activities**

### Form 2 PSV - Creating A Poster



World Health Day is celebrated every year in April to raise awareness about health and wellness for all. In time for World Health Day, Form 2 students showed their support by creating a poster about this special occasion.

Each student showed their own interpretation and messages related to World Health Day in the poster they made. From this activity, World Health Day is not just a celebration but something the students valued and they learned something from it.

## How Good Is Your Lab Skills?

In the first week of school, Form 4 students were being tested when conducting their first laboratory experiment. The main focus on this experiment is to ensure that students are able to recap the scientific investigation methods which they had learnt during lower secondary. Students showed an excellent laboratory skill. They were able to conduct the experiment and proved the hypothesis of the experiment.



Laboratory skill and scientific investigation are one of the main scopes in any science subjects and they will be tested on these skills during their SPM examination for paper 3 (Ujian Amali Sains). So it is very important for them to have a good laboratory skills.





SWIMMING ACADEMY

#### Be a Swimming Master!

Swimming helps to maintain a healthy weight, healthy heart and lungs. It is a healthy activity that you can continue for your lifetime.

In UCSI Springhill Swimming Academy, we are passionate to teach swimming with qualified coach, Olympic size swimming pool, facilities as well as dedicated customer service team.







#### **Swimming Lessons:**

- Child and Adult Swimming Lessons
- Four (4) lessons per month
- Open on Weekdays and Weekends





06 - 6536888



+6018-9779880